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Transport and Parking at RSCH and PRH

The Transport Bureau provides information for staff and visitors regarding on-site and on-street parking along with various schemes that can help staff travel to the BSUH Trust sites in modes of transport other than a car.

Staff Parking Permits: The RSCH site and PRH site has no further space for new parking and there is currently a lengthy waiting list for all permit types (RSCH, PRH and BOTH sites permits).

On Street parking: is at a premium around the RSCH, with 2 Hour (£2.00*) and 4 (£3.00*) Hour Pay & Display available, though free on road parking is accessible within a 15-20 minute walk to the East of the Hospital. Eleven hour parking for £5.00* is available in the area on the South of Marine Parade near the seafront. Please contact the Transport Bureau for a list of these 11 hour bays. There is limited free on-street parking available within a 10-20 minute walk of the PRH site. Please be aware – parking is prohibited down Hurstwood Lane. There is limited free on-street parking available on Northlands Avenue.

Park at my house: is a web-site where residents rent out their driveways. Staff can rent driveways near the PRH or the RSCH at competitive prices. Visit their website - [//www.parkatmyhouse.com/](http://www.parkatmyhouse.com/)

Resident Permits for residents of Brighton and Hove: If you live in a property in Brighton and Hove for more than five nights a week, you may qualify for a Resident Permit. For further information on resident permits and parking in the local area contact www.brighton-hove.gov.uk or visit the **Parking Information Centres**, at Hove Town Hall, or call 01273 296622. Please be aware – there is a waiting list for Resident Permits.

Brighton and Hove Bus Service: has one of the best bus services in the country and if you live anywhere within the area surrounding Brighton, RSCH is usually at most just one bus change away. The Trust has arranged an **Annual Bus Pass scheme** which can be deducted in 12 monthly instalments from your wages (either flat rate at £49.17* per month or by salary sacrifice which will be cheaper but will affect your pension). For information on Brighton and Hove bus services visit www.buses.co.uk. For up to the minute bus times visit www.citytransport.org.uk/bus.html.

Inter-site bus: There is also an hourly bus link between PRH and RSCH (**40X**) which is free on the production of your I.D. card and Trust bus pass (this service is also free to patients with appointment letters).

40/ 40x commuting bus pass: For those Trust staff that only work at one hospital site, there is the option to purchase an annual commuting bus pass. This allows staff to board/ alight at any 40/ 40x bus stop at a cost of £240* per annum payable via salary deduction on a monthly basis.

Travel on the No. **40** is allowed free though only to the Old Steine in Brighton from the PRH (and vice versa) and runs at 25 minutes past the hour from the PRH and 20 minutes to the hour from the Old Steine. To view the timetable for the 40/ 40x, please visit the <http://www.thesussexbus.com>.

We also issue a **Special Pass** for **Patients** or **Carers** who regularly have to catch the **40/40X** buses but do not have time to wait for an appointment letter to arrive. These passes can be issued on application to the Transport Bureau.

700 Stagecoach Bus Service: We offer a 10% discount on 3 month and 12 month bus passes. The service runs a regular service along West Sussex from Portsmouth to Brighton Old Steine (a 20 minute walk from the RSCH

Train Service: RSCH is served by good rail links through the London main line; Brighton and Hove have the Coast Line connection to Eastbourne to the East and Portsmouth and Southampton to the West. There is a **Plusbus** scheme (www.plusbus.info) which gives an inclusive train and bus travel ticket at a reduced rate. A number of buses regularly run directly from Brighton and Hove stations to the hospital.

For further information on train services contact www.nationalrail.co.uk. Virgin Trains also provide services from Brighton station see www.virgintrains.co.uk.

The Haywards Heath Train Station is a 30-40 minute walk from the PRH. A regular SussexBus service runs from the station to the PRH. Please visit the <http://www.thesussexbus.com> for timetables.

Out of Hours Parking for Staff: We would also advise that staff parking, using your swipe card, is free between 16:45pm to 09:00am during the week, all weekend and Bank holidays.

You can swipe **IN** between 16:45pm (not before) and 05:00am. You can do this at all the staff car parks at both hospital sites.

You can swipe **OUT** (North Car Park at the RSCH only) between 21:30pm (not before) and 09:00am. Your swipe card will not let you out before 21:30pm; you will be required to pay the parking charge before being authorised to leave the car park. All other staff car parks have barriers that automatically rise when you exit.

Lift Share Scheme: We have a free in-house Lift share scheme.

Pool Car service: There is a pool car scheme with vehicles based on both sites, on registration, will provide for many job related needs.

City Car Club: The Trust has corporate membership with the City Car Club.

Bike to Work Scheme: We run regular bike loan schemes and have a secure cycle parking area at the RSCH.

Walking: The RSCH is within reasonable walking distance of many areas to the East of the city. The PRH is within 20 minutes walk of Haywards Heath Town Centre.

Taxi Rank: There are a number of Taxi companies in the area with a Taxi Rank opposite the front of the main site (Barry Building) on the East side of Out Patients in Paston Place. At the PRH, you can call taxis from phones located in the main building entrance.

Car use is not encouraged as parking on site and on street is at a premium this means there are often long queues to get into the multi-storey car park (up to an hour at some times), though the A27 and A23 provide good links to the surrounding area.

Green Travel Plan: The Transport Bureau is committed to promoting a **Green Travel Plan** throughout the Trust and hope you engage in this with us.

Should you require further information on any of the transport matters listed above, please visit our **Web Page** on the **Staff Info-net** (type **Transport Bureau** in the **search box**) or contact us at transport.bureau@bsuh.nhs.uk or call us on 01273 696955 extension 7607. For PRH queries, please call 01444 441881 x8110.

Thank you.

The Transport Bureau

*January 2014 prices – subject to change.

Version 7 February 2014